### Children and youth with special healthcare needs and their families

The Special Kids Network Helpline - 1-800-986-4550

- Advocacy for special healthcare needs
  - The Arc of Pennsylvania

[Website link]

The largest advocacy organization in the United States for citizens with intellectual and developmental disabilities, and their families containing 34 local chapters serving 56 counties across Pennsylvania.

- Juvenile Law Center [Select 'Huntingdon' County then 'Advocacy and Legal Services'.]
   Advancing the rights and well-being of children in jeopardy.
   1-888-864-6393
  - Pennsylvania Families Incorporated
     PFI is a resource database that that empowers PA families of children with special needs by linking them to support and information.
  - Bureau of Blindness and Visual Services

Harrisburg: 717-787-61769 Altoona: 814-946-7330

Provides services to assist individuals who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills.

Bureau of Autism Services

866-539-7689

Bureau of Autism Services is a department within the Department of Public Welfare specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on available services and waiver funding.

- Huntingdon County MH/MR/DS 717-242-6467 The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities.
- Keystone Human Services North Central
   S70-286-1757

   Residential services for individuals with developmental disabilities, intellectual disabilities or mental health needs, including supportive living and community residential rehabilitation.
- Northwest Human Services
   NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- Good Will Industries
   Good will Industries provides supported employment program for adults with disabilities.
- Huntingdon County PRIDE
   Provides social/recreational programming and information and referral services for adults with disabilities.
- AHEDD, Inc. 717-597-7665
   Customized employment for people with developmental disabilities. Also services for youth in their transition from school to careers & work.

Raystown Developmental Services

814-643-6510

Services for individuals with developmental disabilities including residential living, life skills training, home-based services. Residential living includes Community Homes and LifeSharing.

Community Resources For Independence, Inc.

800-530-5541

Offers independent living services to people with disabilities along with accessibility education, waiver information, independent living services, attendant care service coordination, assisting technology, and information and referral.

Huntingdon County Drop-in Center

814-643-1364

The Huntingdon Drop-In Center offers social, recreational, educational and support activities to people with mental health challenges.

Office of Vocational Rehabilitation

800-541-0721

OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.

Center for Independent Living of South Central PA
 800-237-9009
 CILSPA offers services for individuals with disabilities including peer counseling, advocacy, independent living skills training, and information/referral services.

Center For Community Action

800-323-9997

CCA is an agency aimed for providing services to under-privileged families and individuals. Services include Child Care Information Services (subsidized child care), Housing Services, Emergency Food and Shelter Services and more. Educational services include GED Preparation, Adult Basic Education and Literacy classes.

Special Kids Network

1-800-986-4550

Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination.

Disability Rights Network of Pennsylvania

Harrisburg: 717-236-8110 Pittsburgh: 412-391-5225

Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.

Pennsylvania Association For The Blind

[Website Link]

Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy.

Developmental Disabilities Advocacy Network

1-800-692-7443

The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.

PA Client Assistance Program

888-745-2357 or 800-323-6060

PA's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing.

MidPenn Legal Services

800-326-9177

Family law, custody, domestic violence, housing, foreclosures, access to medical care, public benefits, unemployment, barriers to employment, consumer law, elder law.

The Center for Lesbian and Gay Civil Rights
The Center advocates equality for lesbian, gay, bisexual and transgender
Pennsylvanians through direct legal services, education and policy reform.

LGBT Youth in Crisis Hotline
 Youth serving youth through age 25. Peer counseling, information, and local resources.

Gay, Lesbian, Bisexual, and Transgender Helpline The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as wells as factual information and local resources for cities and towns across the United States.

- Kaleidoscope Family Solutions Inc. Autism, IDD & Behavioral Team 877-384-1729; Kaleidoscope Family Services (KFS) is School Division: 800-908-0546 a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
  - KFS Behavioral Therapeutic Services
  - KFS Autism Services
  - KFS Intellectual and Developmental Disabilities Services
  - KFS School Staffing Services
  - KFS Training Services
- Kids as Self Advocates

[Website]

<u>Family Voices</u> project funded by the <u>U.S. Maternal and Child Health Bureau</u>

Pennsylvania Elks Home Service Program
 Providing support and advocacy services to individuals who have a developmental disability.

- Assistive Technology
  - Caroline's Cart

    Grocery Cart designed for families with older children or adults with physical special needs. See website for store locations.
  - Pennsylvania Assistive Technology Foundation [Webpage Resource] 888-744-1938
     Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
- Counseling for special healthcare needs
  - The Substance Abuse and Mental Health Services Administration (SAMHSA)
     Online Provider Locator and Telephone Hotline
     1-800-662-4357

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Behavioral Health Treatment Locator through which the user can search for a provider by address or zip code. The agency also offers a National Helpline which provides free and confidential information in English and Spanish for

individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week at 1-800-662-HELP (4357) or 1-800-487-4889 (TDD).

- Day Care
  - Pennsylvania Department of Human Services
     Child Care and Early Learning services.
     1-800-692-7462
    - Child Care Works Subsidized Child Care If your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
    - Pre-school Programs
       if your household income is no more than the FPIG and your child is five years old or younger.
    - Online Child Care Provider Search
      The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, contact your local CCIS.
- Early Intervention
  - PA Department of Education Early Intervention Program
     1-800-692-7288.

     The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
  - Pennsylvania Department of Human Services Early Intervention Services Website While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.
- Health Insurance
  - CHIP [Web Page link] 1-800-986-KIDS (5437)
     Pennsylvania's Children's Health Insurance Program.
     Covers all uninsured PA kids under 19.
  - COMPASS [PA Dept. of Human Services benefits online application Web Page link]
     [Select Apply for Any Benefits link to begin.]
  - Help with Medicare
    - <u>APPRISE</u> 1-800-783-7067 a free health insurance counseling service for individuals 60 and over.
    - Huntingdon County Area Agency on Aging, APPRISE
       800-892-7903
    - Medicare Part D
       [Website link]
       Information about the Part D prescription drug benefit available to
       individuals enrolled in Medicare.

- HealthCare.gov [Federal Health Insurance Enrollment Website] 1-800-318-2596
- o <u>HealthChoices</u> [Website]

HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at <a href="https://www.compass.state.pa.us">www.compass.state.pa.us</a> and learn more at <a href="https://www.healthypa.com">www.healthypa.com</a>.

- Medical Assistance (MA) [PA Department of Human Services Web link.]
   Health care services for eligible individuals.
- Pregnancy Insurance
  - Presumptive Eligibility [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).] Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
  - Maternity Insurance.org [Website link]
  - Pennsylvania-Health-Coverage.com [Website link] 1-866-589-6215
     Compare affordable maternity health insurance options.
- o Resource Guide to Healthcare Options in Pennsylvania

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

#### Housing

Juvenile Law Center [Huntingdon County.]
 Advancing the rights and well-being of children in jeopardy.

HUD
 [Website Link]
 HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.

Northwest Human Services NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.

Information & Referral of South Central Counties 814-643-4202 IRSCC assists individuals meeting homeless criteria and income eligibility with rents/mortgages, utility deposits and terminations. It is coordinated with the Emergency Shelter Component at the County Assistance Office.

Fair Housing/Equal Opportunity at HUD 800-799-2085
 Hotline service for individuals to report incidences of housing discrimination.

■ <u>Salvation Army</u> 814-643-1430

The Salvation Army provides services for disadvantaged families and individuals. Services include temporary shelter for emergency and disaster situations, food and clothes assistance, etc.

Center for Community Action CCA is an agency aimed for providing services to under-privileged families and individuals. Services include Child Care Information Services (subsidized child care), Housing Services, Emergency Food and Shelter Services and more. Educational services include GED Preparation, Adult Basic Education and Updated November 2015

Literacy classes.

■ IRSCC Emergency Shelter

888-644-4202

Information & Referral Of South Central Counties provides an emergency shelter for women.

Huntingdon House

814-643-2801

Hotline: 814-643-1190

Huntingdon House provides social services to victims of domestic violence such as emergency shelter, counseling and advocacy, information and referral, case management.

Hollister House

814-506-8237

The Abuse Network offers the Hollister House which provides emergency shelter to victims of domestic and sexual abuse, along with case management, advocacy and accompaniment, information and referral, counseling and support.

Keystone Human Services North Central

570-286-1757

Residential services for individuals with developmental disabilities, intellectual disabilities or mental health needs, including supportive living and community residential rehabilitation.

Raystown Developmental Services

814-643-6510

Services for individuals with developmental disabilities including residential living, life skills training, home-based services. Residential living includes Community Homes and LifeSharing.

Community Services Group

717-285-7121

Services for individuals with developmental and intellectual disabilities and mental health diagnoses including residential services, employment services, adult day programs, outpatient treatment, peer support, and psychiatric rehabilitation. Residential services include Community Residential Rehabilitation, Enhanced Personal Care Home, Supported Housing and Long Term Structured Residence.

#### Health Waiver Programs

## Medicaid Waivers for Children under 21:

- Attendant Care/Act 150 Long-Term Living Helpline, 1-800-753-8827
   Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.
- Community Services Program for Persons with Physical Disabilities/OBRA Waiver
   Long-Term Living Helpline, 1-800-753-8827

Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).

- Consolidated Waiver for Individuals with Mental Retardation
   Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
- <u>Person/Family Directed Support Waiver</u>
   Provides services to eligible people age three or older with mental retardation

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so that they can remain in the community.

- Community Services Program for Persons with Physical Disabilities/<u>Independence Waiver</u>
   Long-Term Living Helpline, 1-800-753-8827

   Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
- Infant, Toddlers, and Families Waiver Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

#### Respite Care

ARCH National Respite Network

[Website]

for help with the Respite Locator Service please contact Mike Mathers at: <u>mmathers@chtop.org</u> or by phone at 1-919-490-5577

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

#### Special Education

o PA Bureau of Special Education Consult Line

1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: <a href="http://odr-pa.org/contact-consultline/">http://odr-pa.org/contact-consultline/</a>

Intermediate Units in PA

[Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.

#### Support Groups

- Parent to Parent of Pennsylvania [Select 'P2P Supports Groups' link]
   Linking families of children and adults with disabilities 1-888-727-2706 or special needs.
- PA Families Incorporated

info@pafamiliesinc.org 1-800-947-4941

Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

Updated regularly.

- Huntingdon County [Select 'Resources' link on main page then select desired County.]
- Support groups/supports for parents who have children with any kind of behavioral challenges, developmental disabilities, social, emotional concerns or addictions.

## Women who are or who might be pregnant

The Healthy Baby Information Helpline - 1-800-986-2229

- Baby Supplies
- Breastfeeding Guides If you need more information visit <u>Handouts for Parents</u> or call the Healthy Baby line at 800-986-BABY(2229).
  - Pennsylvania Breastfeeding Referral Guide Arranged by County
  - Womenshealth.gov Breastfeeding Challenges Guide
     Information regarding common breastfeeding challenges
     Office on Women's Health, US Department of Health and Human Services

#### Car Seats

Car Seat Safety

The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.

The PA Traffic Injury Prevention Project	
Car Seat Loan Program by County - Information Hotline -	800-CAR-BELT
Training for school districts and companies	412-885-0266
on transporting children with special needs.	
National Highway Safety Transportation Administration –	888-327-4236
Information on car seat safety and installation inspection.	
National Easter Seal Society [phone listing]	800-221-6827
Referrals and information about car seats.	
	Car Seat Loan Program by County - Information Hotline – Training for school districts and companies on transporting children with special needs.  National Highway Safety Transportation Administration – Information on car seat safety and installation inspection.  National Easter Seal Society [phone listing]

847-228-5005

Referrals and information about car seats.

The American Academy of Pediatrics

#### Counseling

Berks County Transition Coordinating Council
 Benefits Counseling resource to aid in the employment of people with disabilities in Berks County.

Nurse-Family Partnership [select 'Find a Local Agency' for access to County list]
 Huntingdon County – 814-942-1903

A free, voluntary program that partners first-time moms with nurse home visitors. When you enroll in the program, a special trained nurse will visit you throughout your pregnancy and until your baby turns two years old. During these visits, your caring nurse will offer the knowledge and support you need to confidently create a better life for your baby and yourself.

- CHIP
  - PA Children's Health Insurance Program
     Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.

Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

- Pregnancy Insurance
  - Presumptive Eligibility (PE), MA

Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.

PA Dept. of Human Services Benefits Helpline

1-800-692-7462

- PA Dept. of Human Services County Assistance Office Contact Information
- <u>COMPASS</u> (PA Dept. of Human Services)

[Website]

Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.

PAHealthOptions.com (PA Dept. of Insurance)

1-877-881-6388

The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.

text4baby

Registration is free on the text4baby.org website.

Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.

• WIC 800-942-9467

Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals The Lead Information Helpline - 1-800-440-5323

- <u>Elevated Lead Blood Level Case Management Guidelines</u> [CDC Web Page]
   Recommendations from the CDC Advisory Committee on Childhood Lead
   Poisoning Prevention
- <u>Environmental Protection Agency, Lead</u>
   Provides many useful links for families including:
   Lead Hotline National Lead Information Center link

[EPA Web Page] (800) 424-5323.

PA Lead and Healthy Homes Program

[Website link] (717) 772-2762

The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to

**Updated November 2015** 

create safe and healthy housing by addressing environmental health and safety issues in homes. Program contact list provided by County.

- Certified Contractors
  - Locating EPA Certified Lead Contractors and technicians
    - EPA.gov Lead
    - PA Labor and Industry

Link to list of accredited trainers and certified contracting firms.

- Information for Contractors
  - EPA Lead

Renovate Right for Contractors and Trainers

PA Labor and Industry

Certification and Other Requirements for Lead Occupations

OSHA

For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

- Property Managers
  - HUD Lead Disclosure Rule

Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

## Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline - 866-412-4755

• Brain Injury Association of Pennsylvania

1-800-444-6443

Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

- PA Department of Health Head Injury Program
  - Head Injury Program

866-412-4755

The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

Waiver Programs

## Independent Enrollment Broker

788-550-4227

Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.

o **COMMCARE** Waiver

1-800-753-8827

A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).

OBRA Waiver

1 -800-753-8827

Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.

#### Other Information

Acquired Brain Injury Network of Pennsylvania info@abin-pa.org, 1-800-516-8052
 Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.

o <u>Brainline.org</u> 703-998-2020

Preventing, treating, and living with traumatic brain injury (TBI).

## **Immunizations/Vaccinations**

PA Department of Health Division of Immunizations

<u>Division of Immunizations</u>

o <u>Pennsylvania Vaccines for Children Program</u>

Free vaccines for uninsured children

717-787-5681

888-646-6864

877-724-3258

## Legal advocacy for the disabled in Pennsylvania

**Disability Rights Network of Pennsylvania** 

Harrisburg 1-800-692-7443

717-236-8110

717-346-0239 [TDD]

Philadelphia 215-238-8070

Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

**PA Health Law Project** 

1-800-274-3258

Helping People in Need get the Health Care they deserve. Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

# Transportation Assistance for the Disabled Pennsylvania Care Planning Council Community Disability, Assistive Technology & Transportation Service Website address

• PA Dept. of Human Services Medical Assistance Transportation Program 800-817-3383 The Medical Assistance Transportation Program, also known as MATP, provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.

## **Vocational Rehabilitation Assistance and Job Training for the Disabled**

- Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services
   The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.
  - o OVR Office Directory Arranged by District Office and by Counties Served